

WHEN CAN MY CHILD RETURN TO SCHOOL? OHA/ODE CDC Guidance – Updated
January 2021



The list below gives school instructions, not medical advice.
Please contact your health care provider with health concerns.
During 2020-2021, anyone exposed to COVID-19 must stay home for 10 days.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
Fever: temperature of 100.4°F [38°C] or greater	Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative , OR 10 days if not tested, <i>*If an alternative diagnosis has been provided by a healthcare provider student may return to school as indicated by their healthcare provider</i>
New cough illness OR New difficulty breathing	Symptom-free for 24 hours AND after a COVID-19 test is negative , OR 10 days if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
Headache with stiff neck or with fever	Symptom-free <u>OR</u> with orders from doctor to district nurse. Follow fever instructions if fever is present.
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	Symptom-free for 48 hours
Vomiting: one or more episode that is unexplained	Symptom-free for 48 hours
Skin rash or open sores	Symptom free , which means rash is gone <u>OR</u> sores are dry or can be completely covered by a bandage
Red eyes with eye discharge: yellow or brown drainage from the eyes	Symptom-free , which means redness and discharge are gone <u>OR</u> with orders from doctor to district nurse
Jaundice: new yellow color in eyes or skin	After the school has orders from doctor or local public health authority to district nurse.
Acting different without a reason: unusually sleepy, grumpy, or confused	Symptom-free , which means return to normal behavior <u>OR</u> with orders from doctor to district nurse
Major health event , like an illness lasting 2 or more weeks OR a hospital stay.	After the school has orders from doctor to district nurse
Student's health condition requires more care than school staff can safely provide	After measures are in place for student's safety.